

Words From Inside the Walls by Bob

Bob has been locked up in prison for over 44 years. He came to know the Lord in 2010, and that made all the difference. Now he regularly attends New Life in Prayer and New Life in the Word and is growing as a disciple of Jesus Christ.

I was born in Indiana. In the 1950s my family moved to California. That's where things began to go wrong. I got involved in gangs at a very young age, getting into all kinds of trouble. My dad was a violent drunk, but my mom never stopped praying for me. Already in sixth grade I was confined in a juvenile detention center. I was there for six months, but my family never visited me. As I grew older my hatred festered. During a lengthy prison sentence back in Indiana, first my father then my mother died. It was tough not being able to attend the funerals. During visiting hours, it was good to see my sons but hard to see them leave too. My whole life I've been in and out of prison.

Overall, my life was marked with unchecked anger, violence, and drugs. After I got out of prison, I continued to use both heroin and methamphetamines at the same time, a deadly combination. My drug habit cost me more than \$200 per day so I started dealing drugs.

My son and grandkids kept asking me to come to church, but I didn't go. I did go a few times in 2009. But in September 2010 everything changed. I went to church and was convicted by the preaching. The preacher said, "You reap what you sow" and "the wages of sin is death." But then he proclaimed "God sent Jesus to save you by his grace." I went forward to receive Jesus Christ as my Savior. After that big day, my life changed all around. All the

hate and bitterness were gone. I was filled with incredible joy.

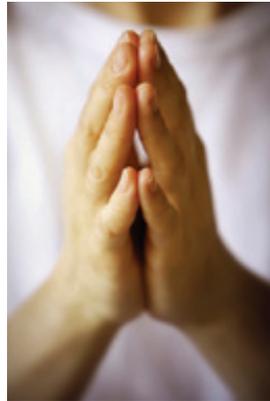
Finally, I was free!

In the fall of 2012 I visited a prison in South Carolina as a servant of Christ.

At one point while sharing the Gospel, I approached an African-American man on the cell block. It amazed me to see that my old bitterness and racial feelings were gone. God has changed my feelings about every ethnic group!

Like it says in 2 Corinthians 5:17, I am a new creation. I go to all the Bible study groups. These groups help me walk with the Lord better. On Tuesday afternoon, I go to the New Life prayer meeting. I love our prayer together. It means so very much to me that Pastor Rick and his wife Rose come into prison. They are a very big blessing. We can see the love they share with us. On Thursday, I enjoy New Life in the Word. It is a wonderful blessing. They take prayer requests for the New Life community; the prayer warriors pray for us and our families. By attending these groups, I can keep my eyes on the Lord.

I thank all the volunteers. You have no idea what it means to us!



Prayers & praise

by Rose Admiraal

*"Rejoice in the Lord always,
pray continually . . ."*

- Pray for men like Kyle and others, who are struggling with mental health issues.
- Pray for the men who have left Newton for other facilities or went on parole. Pray that they will stay strong in their faith.
- Pray for men whose family members struggle with health concerns.
- Pray for Joshua, Johnathan, and others who have returned to prison again.
- Pray for inmates' loved ones, who have not yet turned their lives over to Jesus Christ.
- Praise God for trustworthy volunteers, who covered for us while we were on vacation!
- Praise God for answering prayers of Pete and Jessie in hearing from their families and providing for them!
- Praise God for the generosity of many friends of New Life who gave to Pedal for Prisoners.
- Praise God for protecting volunteer Todd Rowland during heart surgery!
- Praise God for He is good!



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www.facebook.com/NewLifePrisonCommunity

Please support Pedal for Prisoners 2014

Contributions may be sent to: **New Life Prison Community, 408 Maple St., Pella, IA 50219**

I'd like to donate \$ _____ to Pedal for Prisoners to support

New Life Prison Community.

NAME: _____

ADDRESS: _____



Crossroad's President to Visit Pella *by Pastor Rick*

In the middle of September, President of Crossroad Bible Institute Dr. David Schuringa plans to visit Pella. Dr. Schuringa is visiting New Life for the second time. On September 18, he will preach at New Life's Thursday night worship service at the prison. I'm sure he will also promote Crossroad's popular correspondence course for inmates. On September 20, he hopes to address Classis Central Plains. Later that evening, Dr. Schuringa has offered to speak about Voting Rights

for ex-offenders. Being able to vote in political elections plays an important part in reintegration to the community. Recently Dr. Schuringa addressed this issue in Washington, D.C., at the bipartisan Senate briefing on the Democracy Restoration Act. I hope you will be able to attend.

When: Sat, September 20
Time: 7 p.m.
Where: Calvary CRC Youth House, Pella, Iowa



Dr. David Schuringa testifies in Washington, D.C.

Bikers Ride for New Life *by Pastor Rick*

This year, three bicycle riders supported New Life by riding Pedal for Prisoners. It was a big success. We raised over \$15,000. Do you still want to give? It's definitely not too late! (See form on front.) In early June, Pastor Rick rode Tour of the Mississippi River Valley (TOMRV). It wasn't an easy ride. The first day was a hilly 106 miles. The second day was "only" 90 miles, but his legs were very heavy.



Rick visits American Pickers in Le Claire, Iowa.

Corrine Verschuure wrote, "In July, I spent seven days behind bars—not prison bars, but bicycle bars! Thanks to all those who supported Pedal for Prisoners. I am so blessed to have the freedom to ride. The week of Register's Annual Great Bike Ride Across Iowa (RAGBRAI) was a great experience once again. It is a week away from my office desk. During the ride, I can enjoy God's great outdoors. Friday was a very rainy, windy morning, therefore making it cold and miserable. I did

not appreciate that morning. On Saturday we rode the ridge in eastern Iowa with beautiful scenery; this made up for Friday. Makes me think of how our lives can sometimes be in such a dark, cold place. When we accept Jesus, he brings light and joy back into our lives!"

Bill Schinkel rode Bike Van Buren County in early August. Bill enjoyed his ride, but it certainly wasn't easy. The first day featured miserable weather. Bill had to ride for 16 miles in the pouring rain. There were lots of grumpy people out there getting splattered by the semi trucks. The second day was much better. It was sunny and almost perfect. Bill commented, "It was a fun ride, but that ride always is. I didn't like the rain." As for Pedal for Prisoners: "It's a good thing, and it's a privilege to help out." Bill concluded, "I'm glad I could participate."



Corrine celebrates at her finish line — the Big River!

Thanks to all those who supported Pedal for Prisoners!

Do you want to participate next year? Send an email to PastorRick@NewLife-Prison.org or drop a text message to phone number 641-204-1954.